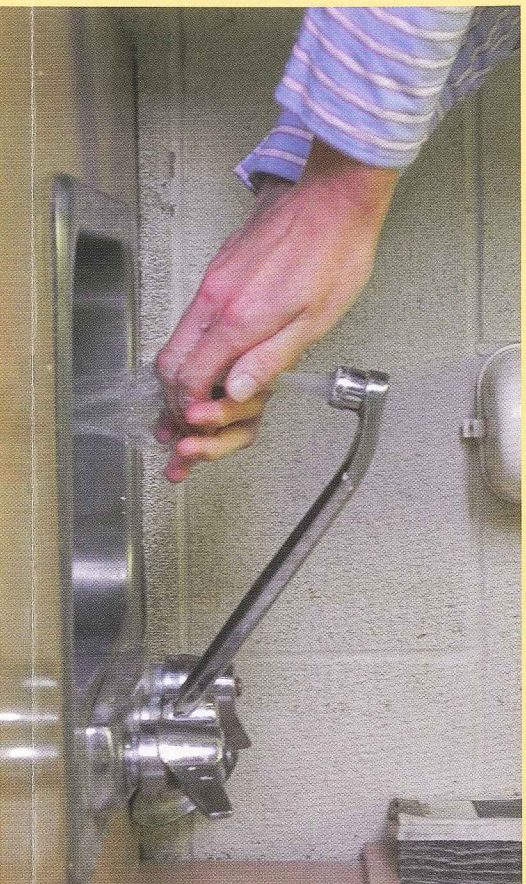


# Protect Your Horse from Infectious Diseases

## At Home in Your Barn

- 1 Have a Plan**
  - Create a biosecurity plan that is practical for your barn
- 2 Know Your Horse**
  - Monitor the health & nutritional status of your horse
  - Maintain accurate, detailed health records
  - Develop a vaccination & parasite management plan with your veterinarian
- 3 Clean Hands**
  - Make it quick & easy so people will do it
  - Use liquid soap or alcohol based hand sanitizers (min. 61% alcohol)
  - Sing "Happy Birthday" twice when using soap & water
  - Provide single-use towels for drying hands
  - Install multiple alcohol based hand sanitizers in large barns



- 4 Clean Feet**
  - Wear designated boots/shoes in the barn
  - Clean footwear on a regular basis

- 5 First Clean & then Disinfect**
  - Discuss your plan & the appropriate disinfectant with your veterinarian
  - Create a smooth, waterproof surface that can be easily disinfected: clean walls thoroughly, patch knots with wood filler & seal walls with a marine varnish or polyurethane
  - Brush off loose dirt/manure & wash with laundry detergent before disinfecting
  - Make sure barn surfaces are clean so that disinfectants will work



- 6 Isolate New Horses**
  - **Isolate\*** your new horse for 2 weeks (recommended)
  - Obtain health, vaccination, parasite control & travel records
  - Monitor health of new horse

## Visitors and Visiting

- 7 Be Vigilant on the Road**
  - If possible, use your own trailer
  - Try not to ship with horses from other farms
  - Make sure the trailer has been cleaned & disinfected
  - When you get home, shower & put on clean clothes/shoes before going near other horses
  - If possible, **isolate\*** the horse for at least 2 weeks (especially no nose to nose contact)
  - Turn out horses in small, "like" groups (i.e. mares/foals in one area, travelling horses in another)



- 8 Take Precautions Away from Home**
  - You**
    - Have a pair of shoes/boots just for visiting
    - Wear coveralls or plan to change if you are around horses on another farm

- Your Horse**
  - Ask if venue has a vaccination and biosecurity plan
  - Try not to let your horse touch other horses (nose-to-nose contact is the worst)
  - Don't share equipment like water/feed buckets, brushes, etc. (careful – keep hose tip above, not touching your bucket)
  - Wash your hands, especially after touching other people's horses
  - Try not to let strangers touch your horse
  - Brush off dirt/manure, then disinfect tack, boots and equipment before leaving (sprays or wipes work well)

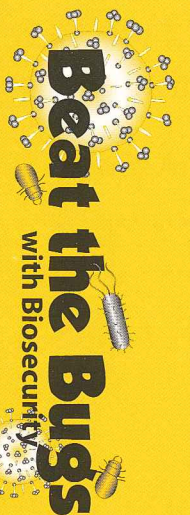
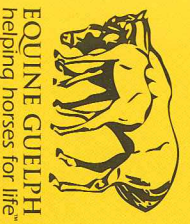
- 9 Rules for Visitors**
  - Post a sign to indicate that visitors should check in
  - Keep a visitor's log; if a disease outbreak occurs, it could help to trace the problem
  - Remember: Disease-producing agents or microorganisms can be transferred from one facility to another through the movement of people or equipment

- 10 Understand Isolation\***
  - Have an isolation plan for new, sick and travelling horses
  - Use separate barn ideally or end of aisle, leaving an empty stall in between horses
  - Use separate cleaning equipment, grooming tools, feed or water buckets in isolation area (tip: label with red tape)
  - Work with the isolated horse last each day & wash your hands before & after

**CAUTION**  
**QUARANTINE**  
**AREA**

**YOU MIGHT NOT BE ABLE TO DO EVERYTHING BUT DO SOMETHING – IT IS WORTH IT – A LITTLE COULD GO A LONG WAY.**

**SICK HORSES COST MONEY AND CAUSE STRESS TO YOU AND YOUR HORSE.**



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